1986-03-16
Daily Press (p.127)

Far Journeys

By ROBERT A. MONROE
Doubleday. 284 pages. $15.95

Robert A. Monroe, a successful businessman in the radio broadcasting industry, began having out-of-body experiences when he was in his 40s. He founded the Monroe Institute of Applied Sciences in 1973 with facilities and laboratories in Afton, Va. This new book is the result of research conducted there.

Monroe claims to have traveled back and forth in time, to have visited numerous planes of reality, to have discovered answers to the most profound questions man has asked about God and creation.

Frankly, I do not find Monroe's "Far Journeys" at all credible. He presents the most mind-boggling concepts in a boring, and eventually annoying, format. "Far Journeys" is an intriguing title. It has a nice ring to it, but it doesn't live up to its promise. It reads like sketches from an incomplete science fiction novel.

— Herman S. King

King is a resident of Newport News and a frequent contributor of book reviews.